Fostering Positive Behaviors
In Infants, Toddlers, & Preschoolers

Welcome!
Tranee Harris-Bingham, PhD
Mental Health Specialist, Sheltering Arms
GAPSC Certified School Counselor
Entered Early Childhood in 2000
Atlanta Native
Hobbies are paper crafting, painting, roller skating, & photography
Tell Us About Yourself
What role(s) do you play in children’s lives?

Participant Expectations
What does it means to be present in the online environment?

Objectives
Participants in this training will:
• learn the basics of behavior;
• identify and describe the four functions of behavior;
• identify universal preventions to foster positive behaviors.
A child whose behavior pushes you away is a child who needs connection before anything else.

-Kelly Bartlett

What is behavior?

Schedule

Introductions & Objectives  What is Behavior  Preventions & Intervention  Wrap Up
Behavior is learned.

Bandura, 1976

Behavior serves a specific purpose.

Bandura, 1976
EVERYBODY E.A.T.S

THE FOUR FUNCTIONS OF BEHAVIORS

Behaviors occur:
- To allow us to escape/avoid an activity or situation.
- As a means to get attention.
- To obtain a tangible item or activity.
- For sensory relief/input.

Behavior is related to the context within which it occurs.

Reactions to behaviors determine whether you see it again or not.
We can change culture if we change behavior.

-Aubrey Daniels
**Tiers of Intervention**

https://youtu.be/8_k2MU25AS0

**Goals of Universal Preventions**

- High quality supportive environments
- Nurturing and responsive relationships

**Universal Preventions**
1 Welcoming Arrivals

2 Teach Rules & Expectations
   https://vimeo.com/216048985

3 Reinforce appropriate behaviors
We can improve behavior by 80% just by pointing out what one person is doing correctly.

— Bambara & Knoster
Establish Positive Rituals

Use A Visual Schedule

https://vimeo.com/216044453

Acknowledge mistakes
Teach Emotions & Social Situations

Practice Mindfulness

One on One Conversations
Recap: Universal Preventions

Goals of universal preventions are to develop high quality supportive environments and nurturing and responsive relationships.

10 Universal Preventions
1. Create welcoming arrival
2. Teach rules & expectations
3. Reinforce appropriate behaviors
4. Develop partnerships
5. Establish positive rituals
6. Use visual schedules
7. Acknowledge your mistakes
8. Teach emotions
9. Practice Mindfulness
10. Engage in 1 on 1 conversations

Schedule

Introductions & Objectives ➔ What is Behavior ➔ Preventions & Intervention ➔ Wrap Up

Action Plan

- Which universal prevention resonated the most with you?
- How will you learn more about universal preventions?
- What actions will you take to implement what you learn?
- What additional questions do you have?
THANK YOU