

# Did You Know?

Play is one of the most important ways young children strengthen brain connections and learn about the world.



**Give children the resources and support they need to play.**

- Provide time and space to explore new things
- Expose children to new experiences and materials
- Encourage children to decide what and how to play
- Allow quiet time between activities so children can process what they learned



*Better  
Brains for  
Babies*

***You can make a difference!***

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