

# Did You Know?

Each year approximately 3,500 infants under 12 months old die suddenly and unexpectedly during sleep.



**Create a safe sleep environment for infants to prevent sudden unexplained infant death (SUID).**

- Always place infants on their back to sleep
- Place infants to sleep only in their crib
- Use a firm mattress and tight fitted sheet in their crib
- Remove all other objects from the crib (including toys, bumpers, and blankets)



Better  
Brains for  
Babies

**You can make a difference!**

[www.bbbgeorgia.org](http://www.bbbgeorgia.org)

